

## ACW'S VALUE-ADDED SERVICES

### Domestic Violence & Trauma Therapy

Many women turn to alcohol or drugs as a response to trauma. Our licensed therapists help clients recognize and heal from their experiences, creating a foundation for emotional safety and long-term recovery.

### Family Therapy

Addiction impacts the entire family. ACW's therapists guide clients and their loved ones to rebuild trust, improve communication, and break their family's generational cycle of addiction.

### Nutrition Counseling

Healthy living starts from within. Our nutritionist teaches and counsels our clients on how to nourish and repair their bodies giving them strength for ongoing health and wellness.

### Case Management

We provide comprehensive coordination of care by connecting clients to medical and mental health providers, courts, probation, parole, and the Department of Children and Family Services — ensuring no woman faces her recovery journey alone.

### Transportation Assistance

To make access to care easier, ACW offers residents supervised transportation to medical, mental health, court, and other key appointments, removing barriers to treatment and ensuring consistent support.



Serving the community since 1974 through state-licensed and certified, CARF-accredited programs. Proudly recognized by Newsweek as a top addiction treatment center for five consecutive years.

LICENSED, CERTIFIED, ACCREDITED, & AWARDED



Funding in sole or in part for these services comes from LA County Substance Abuse Prevention and Control

## CONTACT US



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ACWLA.ORG

# TRANSFORMING LIVES, ONE DAY AT A TIME



**ACW** Alcoholism Center for Women

# OUR PROGRAMS

## RESIDENTIAL

A safe, structured, 24/7 alcohol and drug treatment program that is State licensed, CARF accredited, and ASAM certified. Residents receive treatment in a home-like environment that emphasizes health and wellness while building skills that support long-term recovery. Groups include: Women and Addiction, Anger Management, Seeking Safety, Culture and Addiction, Moral Reconciliation Therapy (MRT), Art Therapy, Parenting, Relapse Prevention, Addiction and Domestic Violence, Living Skills, and Grief and Loss.

## OUTPATIENT

Our outpatient programs are State certified and CARF accredited, and are offered in English and Spanish during both day and evening hours to accommodate work, school, and family responsibilities. Groups include: Relapse Prevention, Court-Approved Parenting, Court-Approved Anger Management, Addiction, Trauma & Domestic Violence, Trauma Support, Impulse Control, Life Skills, Family and Addiction, Coping Skills, and Self-Esteem Building.

## ENHANCED CARE MANAGEMENT

ACW's Enhanced Care Management (ECM) is a CARF accredited program and provides individualized services, whole-person care coordination for men and women with complex physical, behavioral, and social needs. Our team helps clients navigate health systems and community resources to ensure no one is left behind. Services include: Comprehensive case management, linkage to medical and mental health services, housing support, transportation coordination, assistance with legal and immigration services, technology access, and help obtaining essential benefits.

ACW helped me gain self-respect and self-love. I learned how to be honest with myself and ask for help, and that changed everything about my recovery.

Emily

ACW taught me how to live, not just how to stay sober. Honesty with myself became the best medicine.

Darcy

ACW me dio amor, cuidado y un lugar donde alguien finalmente me dijo: 'me importas'. Me dio una base para la vida.

Lucia

# SUPPORT US

Join us to transform their lives one day at a time.

Donate today — every contribution creates a new beginning. 

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