

CAROLYN'S RESOURCES

ACW



RESOURCES

EMERGENCY & CRISIS HOTLINES

988 Suicide & Crisis Lifeline – Call
or text 988 for 24/7 support

SAMHSA Disaster Distress Helpline
– Call 1-800-985-5990 for crisis
counseling after natural disasters

NATIONAL DOMESTIC VIOLENCE HOTLINE

- Call: 800.799.SAFE
- [Live Chat](#)
- Text “START” 88788
- [A.I. CHAT](#)



Peace Over Violence

**CRISIS COUNSELING, EMERGENCY
SERVICES, LEGAL ADVOCACY,
PREVENTION PROGRAMS, AND
YOUTH SUPPORT.**

(213) 626-3393

LEGAL AID FOUNDATION OF LOS ANGELES

**FREE LEGAL SERVICES FOR
RESTRAINING ORDERS,
CUSTODY, IMMIGRATION
RELIEF, AND HOUSING.**



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