

ACW

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NEWSLETTER

August
2025

AI-Impics 2025 Preparation

Our ladies are getting ready for ALIMPICS with a beautiful dance to “Rise Up” by Lauren D., right in step with this year’s theme: Together We Rise in 2025. We’ve got an awesome T-shirt design, a full outfit planned—the team is going to look amazing—and the Miracle House women have been painting a gorgeous surprise banner. We are so excited to compete in this years AI-Impics.

Stay tuned for the full dance and our coolest ALIMPICS photos!

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Watermelon & Sunflowers: Late- Summer in the Garden 🌱

We just harvested the most delicious watermelon—look at this beauty! At ACW we use everything that grows. We saved seeds from our sunflowers after they dried (hello, homegrown sunflower seeds!), and our squash and squash blossoms are thriving. It's all delicious and so beautiful.

So much love grows at ACW.

Wellness in the Kitchen with Moran

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made a mean, flavorful salad, and packing, and other healthy, delicious alternatives to the treats we all love. It was an amazing group experience of learning, cooking, and cheering each other on. We're so grateful for Moran's guidance.

👉 Watch a quick clip of the fun below!

[Watch Clip](#)

Awareness to Action: Together Against Overdose

International Overdose Awareness Day is a time to remember those we've lost, support those who grieve, and reduce stigma through education and action. At ACW, we're committed to being part of the solution—sharing prevention tools, expanding access to resources like naloxone, and encouraging compassionate community care. Together, treatment providers, advocates, families, and friends can help prevent overdose and save lives.

If you or someone you love needs support, **988** is available 24/7.

[988 Lifeline](#)

America's Best Addiction Treatment Centers 2025

We are proud to share that ACW has once again been named in Newsweek's America's Best Addiction Treatment Centers 2025 - our fifth consecutive year on the list. This recognition reflects our team's unwavering commitment to evidence-based, gender-responsive care and the resilience of the women and families we serve.

We want to thank our team and supporters for making this possible.

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AMERICA'S **BEST** ADDICTION TREATMENT CENTERS

Spotlight: Emily ✨

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After years of relapse and a dangerous domestic violence situation in Texas, Emily fled to California and, on a friend's referral, found ACW.

Early on, fear, culture shock, anger, and mistrust made recovery feel daunting. With counseling and peer support, she rebuilt self-respect and learned honesty, humility, willingness, and healthy communication—especially telling the truth about her experience and breaking toxic patterns.

Today, Emily stays active in a strong sisterhood and sponsors five women. She calls ACW “tough but transformational” and credits the program with changing her life.

“If you can commit to that sixty days, you will come out a changed woman.”

Emily, thank you for your courage and open heart—you remind us that healing happens one day at a time. 💜

HERO

Manager

Wendell was hired as one of our first Lead Care Managers to provide Enhanced Care Management Services which include care coordination and service linkage to our clients and clients referred to us from Medical Health Care Plans such as LA Care, HealthNet, Anthem, Kaiser, Molina, and Blue Shield. He has consistently provided hope and service linkage with a calm and positive attitude helping clients to reduce barriers and build self-sufficiency and wellness.

We are grateful for Wendell's commitment, advocacy, compassion, and the way he celebrates every step forward with our clients.



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Carolyn's Resources

RESOURCES

SUPPORT OUR MISSION

♥ Help Rebuild Hope ♥

What if just **\$5 a month** could help change a woman's life *and* rebuild a space for healing?

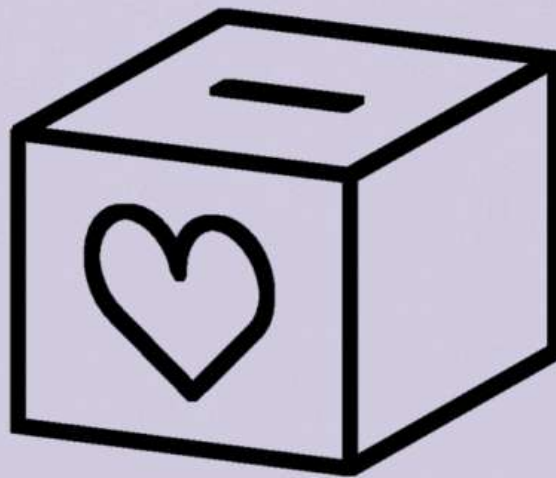
By joining our **\$5 Club**, you're not just supporting substance use recovery — you're also helping us restore our historic **Carriage House**, which will create more beds and

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That's less than your favorite latte — but it makes a lasting difference in someone's journey.

☀️ **Be part of something bigger.**

Healing happens one step — and one generous heart — at a time.



donate today

MAKE DONATION

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Calling All ACW Alumni! 🎉

We are inviting all our alumni to join us! We want to celebrate your sobriety birthdays! Come celebrate your milestones, share inspiration, and enjoy some delicious cake with the ladies of our Miracle House.



ACW ALUMNI

JOIN US

TO CELEBRATE
YOUR SOBRIETY BIRTHDAY

WE'LL BRING THE CAKE, YOU BRING THE INSPIRATION!

JOIN US TO INSPIRE
CURRENT MIRACLE
HOUSE RESIDENTS
WITH YOUR STORY
OF RECOVERY AND
HOPE.

PLEASE EMAIL US AT [INFO@ACWLA.ORG](mailto:info@acwla.org) IF
YOU ARE INTERESTED

Share Your Art for National Recovery Month

We want to feature YOUR creativity in our October Newsletter!

September is National Recovery Month — a time to celebrate hope, resilience, and the power of recovery. We invite clients, alumni, and community members to share artwork that expresses your journey or inspiration.

What You Can Submit:

- Drawings or paintings
- Digital art or photography
- Poetry or short writings

Deadline: October 1, 2025

Share: By replying to this email or DM us on social media :)

Please include your first name and (optional) a short description or title of your piece.

Selected artwork will be published in our **October Newsletter** to honor National Recovery Month and inspire others on their path of recovery.

Your voice and creativity matter — let's celebrate recovery together!

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@acw.la

National Recovery Month

**SHARE YOUR
ART**

**CELEBRATE HOPE AND RESILIENCE THROUGH
CREATIVITY.**

**WE'RE INVITING CLIENTS, ALUMNI & COMMUNITY
MEMBERS TO SUBMIT:**

✓ ARTWORK • ✓ POETRY • ✓ PHOTOGRAPHY

DEADLINE

**OCT
1ST 2025**

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We look forward to connecting with you.



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