



ACW

NEWSLETTER

April
2025

Recovery Under the Stars ✨

On April 26th, **Recovery Under the Stars** brought our clients together for a powerful evening of healing, connection, and hope. As part of the evening, clients watched *Chasing the Dragon: The Life of an Opiate Addict* — a documentary aimed at educating people about the devastating impact of addiction. It was a moving reminder that recovery isn't just about the journey — it's about who walks it with you.



Ale's Path Home ❤️

My name is Ale.

I am an addict, a recovering addict, and I'm very grateful to be here.

I was at ACW in 2021 for three months. I hit rock bottom. It was a very dark time for me. My addiction led me to lose my daughter. I lost custody of my daughter. I was sitting in the jail cell, and they gave me the option to work on my recovery. And I went for it.

They recommended I do ACW. I was so grateful that they asked me to do 90 days because I learned so much through that. My journey was definitely jails, institutions, and I didn't want to hit death, which is the last one on the list for me.

I was completely dead inside and and I was just very grateful to have the guidance at ACW to lead me to a better life.

I learned to take care of myself, put myself first, put my recovery first in order for me to be able to live my life fully. I didn't have that love from my mom and my dad, but I had that love from people that I met in the in the rooms of ACW.

So be patient, love yourself, and with time, your life will change. I was able to have full custody back of my daughter. I have three years and counting of clean time.

I have been able to get off probation. I have a life worth living today. And it's all thanks to having that solid foundation at ACW.



STAFF

Monay Sheridan, Residential Counselor

Monay is a dedicated residential counselor whose commitment to our clients' recovery journey is unwavering.

Her reliability, compassion, and steady presence make her someone both clients and staff can always count on.

With a heart for service and a drive to support lasting change, Monay continues to make a meaningful impact every single day. Thank you, Monay!



In Loving Memory

Jesenia Moreno, Residential Counselor



We honor the life and memory of our beloved coworker Jes, who was not only a dedicated residential counselor but also an incredible team player and source of light within our community.

Born in April 1990 and called home in April 2025, her compassion, strength, and kindness touched the lives of many. Just two weeks before her passing, we had the honor of celebrating her birthday in the office—she was happy, and surprised.

Remembering her smile that day brings us comfort, and her presence will forever be missed and cherished.

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Carolyn's Resources

[RESOURCES](#)

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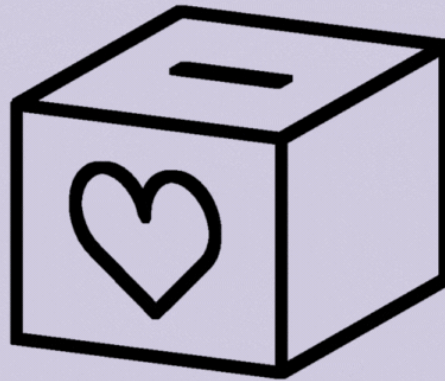
💜 **Small Change, Big Impact** 💜

What if just **\$5 a month** could help change a woman's life?

By signing up for a monthly donation to ACW, you're helping women in recovery get the support they need—counseling, safe housing, family therapy, and so much more.

It's less than a fancy coffee, but it makes a world of difference.

✨ Join our \$5 Club today—because healing happens one step (and one generous heart) at a time.



donate today

MAKE DONATION

Join Today! Miles for Moms in Recovery

Happy Mother's Day to all the amazing moms! 🌸

Get ready to move — our *Miles for Moms* fundraiser kicked off on Mother's Day! Every mile you walk helps support mothers in recovery. More details below!

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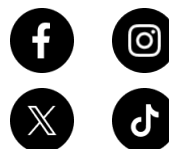
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to connecting
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