

## LAPD SERVICE BUREAU COMES TO ACW!

On June 17, 2024, ACW held a mocktail tasting and judging event with the LAPD Transit Service Bureau. The idea came from Officer Lucia McKenzie who reads our newsletters! Officer McKenzie reached out to ACW Executive Director Lorette to plan an event that would raise alcohol awareness and campaign for better healthy life choices because she was inspired by ACW's raised gardens.

With the help from one of our wonderful clients, K.M, we created 5 specialty drinks for the LAPD to taste and guess what was in each cocktail. Those who guessed the most ingredients out of the 5-7 ingredients in each drink won a prize. We may use one or two of these mocktails at ACW's 50th anniversary event. Will it be the ACW mojito, the red dawn or the orange sunset?

The LAPD Transit Service Bureau staff shared why they entered law enforcement, discussed their career paths and spoke on how you can become employed with the LA police department. Several residents shared their recovery journey and how ACW has been helping them. ACW Nutritionist Moran spoke about the importance of healthy eating in early recovery.





ACW Staff Adriana, Commander Craig, ACW Staff Charlene, Danielle, Lorette, Commander Natalie, Sergeant Steve, Lieutenant Koeh and Officer McKenzie.



Officer McKenzie handing out gifts to residents.

Officer McKenzie said "I would like to extend my sincere gratefulness to ACW for welcoming LAPD Transit Service Bureau with such enthusiasm! We are honored to meet the staff and residents. We truly enjoyed meeting with the residents, the tour and tasting the veggie/fruit drinks, as well eating the delicious sandwiches and salads with staff and clients. We are grateful for all ACW is doing to help women."

Thank you so much to Commander Natalie Cortez, Commander Craig Valenzuela, Lieutenant Koeh, Sergeant Steve Marin and Officer Lucia McKenzie!



# LA COMMUNITY SERVICE COLLECTIVE



Dr. Annette Blake, Dr. Babara Lee, Dr. Lisa Richardson and Roslyn Spencer



Chef Roslyn Spencer talking to residents.



ACW Board Member Dr. Lisa Richardson



Dr. Lisa Richardson, Dr. Barbara Lee and Dr. Lori Hobbs.

Thank you to ACW board member Lisa who organized LA Community Service Collective -a powerful group of womento come to ACW's residential program with top-of-the-line designer clothes and inspirational and practical messages about finding passion for work and a creating a career path. Residents were inspired and loved all the beautiful clothes. We are grateful to the LA Community Service Collective for their day of service at ACW on Saturday May 18, 2024. We are also very grateful to all their friends who gave them designer clothes, shoes, and bags to bring to ACW. Thank you LA Community Service Collective!

# **SPOTLIGHT**

**GLADYS** 

#### CERTIFIED COUNSELOR

Congratulations ACW Bilingual Outpatient
Counselor Gladys on becoming certified! Gladys
has played a big part at ACW by providing
court-approved parenting classes to the
Outpatient program in English and Spanish.
Thank you, Gladys, for being part of ACW's
team to empower women to make new choices
for positive futures!





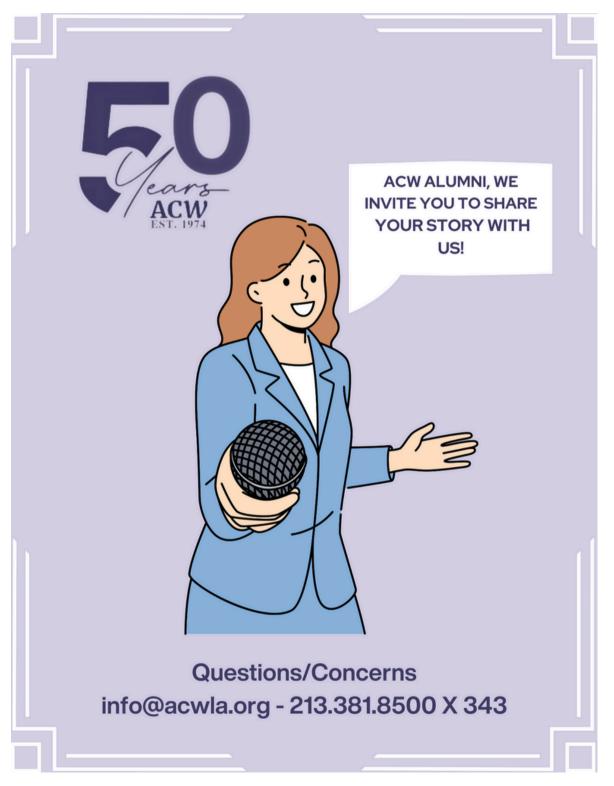
## **ACW'S 50TH ANNIVERSARY**





# **ATTENTION ALUMNI!**

Only 5 weeks left to share your story with us to be included in the video we are preparing for our 50th anniversary event in October 2024! Contact us at 213.381.8500 ext. 343 with any questions or to schedule a time to meet with us. We need you! Thank you for your help!





# **Support ACW!**

#### **WAYS TO SUPPORT ACW**

#### **PAYPAL:**

www.acwla.com/support/

#### **LEAVE YOUR MARK, BUY A BRICK:**

www.bricksrus.com/donorsite/acw/

#### **VENMO A DONATION:**

venmo.com/ACWLA

#### **MAIL A CHECK:**

ACW Donations 1147 S. Alvarado Street Los Angeles, CA 90006



### "LIFE IS PURE ADVENTURE, AND THE SOONER WE REALIZE THAT, THE QUICKER WE WILL BE ABLE TO TREAT LIFE AS ART." - MAYA ANGELOU



Growing tall in our gardens right now is corn. Lots of corn!











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