

LA CONSERVANCY PRESERVATION AWARD

On May 16, 2024, ACW was presented with the Los Angeles Conservancy's 2024 Historic Preservation Award. ACW was honored to receive this award alongside the other impressive 2024 winners (The Egyptian Theater, The Bailey House -Case Study House #21, City of West Hollywood Historical Context Study, The Paramount/Brooklyn Avenue Pizza Co., Rubel Castle Historic District, Little Tokyo Small Biz Hype Squad, UCLA Faculty Club, VA West Los Angeles Campus Buildings 205 and 208, and the VA West Los Angeles Campus Building 207). To learn more about the other incredible 2024 winners go to

<https://www.laconservancy.org/tours-events/preservation-awards/>



The purpose of the event was to honor Los Angeles' heritage. LA Conservancy produced a short video of each awardee. The video on ACW is superb. The narrator stated, "Since 1974 healing, hope and heart have been the symbolic and literal foundation of two Tudor revival style buildings in West Lake. The Alcoholism Center for Women was founded by visionary activists during the gay rights movement at a time when women's community paces were rare." In 1987, ACW almost became a mini mall. The board and the staff at that time plus Elizabeth Snyder, Maxine Waters, and the LA Conservancy rallied to save the buildings by petitioning for the buildings to become historic monuments for the City of Los Angeles. The narrator stated, "What nearly became a "mini" mall in 1987, has been and now is a historic place whose power to heal and rehabilitate is no "mini miracle".



ACW Board Member Kelley Carroll, ACW Finance Director Andrea Munteanu, ACW Operations Coordinator Patrick Hausfeld and ACW Supporter Daniel Hausfeld

SPRING INTO RECOVERY

WITH SOUL PURPOSE

ACW's Spring into Recovery with Soul Purpose took place May 25, 2024, onsite at ACW. Event Planner Carrie Mays brought and planned this event for ACW. Carrie worked at ACW as an outpatient counselor 4 years ago. She states her heart is still at ACW. Carrie brought JB (Jennifer Brown) to open the event with her new song "Bigger and Better" and Ali "AMAC" Mcquire as the main performer. JB has worked with Kely Clarkson, Michael Mercury and Howard Hewett. Ali "AMAC" is a platinum Engineer singer song writer motivational speaker who has worked with Fetty Wap, Post Malone, Kelly Rowland, Murda Beatz and more. Ali has been in recovery for 12 years. During the event she shared her personal story, music and songs to encourage everyone to take one day at a time and know that even when they are not feeling so OK, they are OK. Attendees danced, sang along, and appreciated Ali's message. We are grateful to Ali, JB, and Carrie for coming to ACW and sharing and performing.



Ali "AMAC" McGuire with ACW Staff



Carrie, Ali, and Jennifer



Jennifer and Ali

MOTHER'S DAY

SPA DAY

ACW clients celebrated Mother's Day at the McMillen Family Foundation Miracle House May 12, 2024. Residents received beautiful backpacks, bags and tons of donations. Residential Counselor Barbara created a wonderful SPA Day experience which included a tea party with delicious sandwiches cheesecake.



IN THE WORKS

ECM OFFICE

What are we doing now?! Fixing the windows on the 3rd floor of our beautiful McMillen Family Foundation Snyder House. After 100 years, the original wooden window frames begin to deteriorate and rot. We hired restoration experts Spectra for this project. Continue to look out for more pictures by following us on Facebook or Instagram!



See the windows on the 3rd floor?



Happy Spectra team at work!



Stain matches the walls perfectly.

SPOTLIGHT

LIDIA

CERTIFIED COUNSELOR

Congratulations ACW Bilingual Residential Counselor Lidia on becoming certified! Lidia has been a part of ACW for more than 3 years as a bilingual residential counselor. We are grateful to have her on the team to continue our important mission!



GOODBYE LETTER

RESIDENTIAL

ACW Residents responds to *I am Your Disease*

"I hate meetings. I hate Higher Powers. I hate anyone who has a program. To all who come in contact with me, I wish you death and I wish you suffering. Allow me to introduce myself, i am the disease of addiction. I am cunning, baffling, and powerful. That's me. I have killed millions and I am pleased."

Thank you, Residential Supervisor
Charlene, for this great exercise.

Dear Drugs,

You gave me nothing but pain and misery. In the beginning you did a lot for me, helping me socialize, have fun with friends and family. Then I started to need you everyday. I totally forgot about my responsibilities everytime we met with each other. I lost friends, family, and jobs because of you. It's been a decade of lies, cheating, stealing, and anger. It's time to let you go. I don't want anything to do with you at all. I miss the old me, my family needs me. It's time to love myself. Hennessey I will always hate you. I left you behind, It's time for me to enjoy life.

Dear Denise:
All your ~~threats~~ threats are no good; I am sober today. Instead of regretting the past or worrying about the future, I am enjoying today. I know beating my disease isn't a race; I take it day by day. I love myself right now; I will not fall for your fake happiness again. I agree completely w/ what you wrote, which ^{origin} is why stress, anger, sadness, worry, brokenness, ~~heartache~~ heartache can not make me relapse. I do not regret the past; ~~you~~ you can not make me repeat the future. Everyday is a good day! I thank God everyday for what I have; it is better than anything you could ever give me. ~~Getting~~ Sober is the best thing that could have happened to me. I know this disease is a life-long fight, so I have to take it day-by-day to not get overwhelmed. One day, I will be able to help others break away from you too.

well well well

Dear Alcohol,
I thought you were my
friend, You did take my heart
away, you never warned me
that you ~~was~~ would stay and
Then you went away and
Taking my looks ~~and~~ and
Health away If I ever
meet you again I'll Run
The other way. Cause you
are no good for me, you
couldn't take my spirit, or my
Soul so its Time for you To
go

Support ACW!

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