

HAPPY NEW YEAR TO ALL MAY 2024 BE THE BEST YEAR EVER!



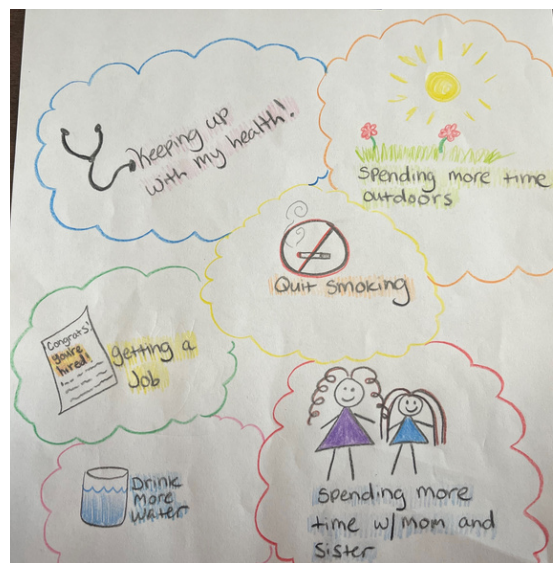
Residential Counselors Rose, Jennifer, Lynn and Barbara

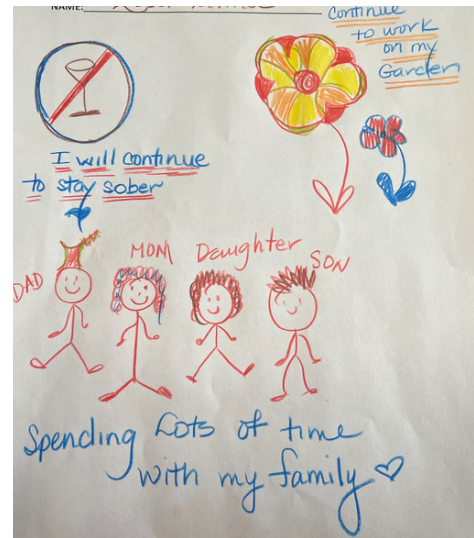
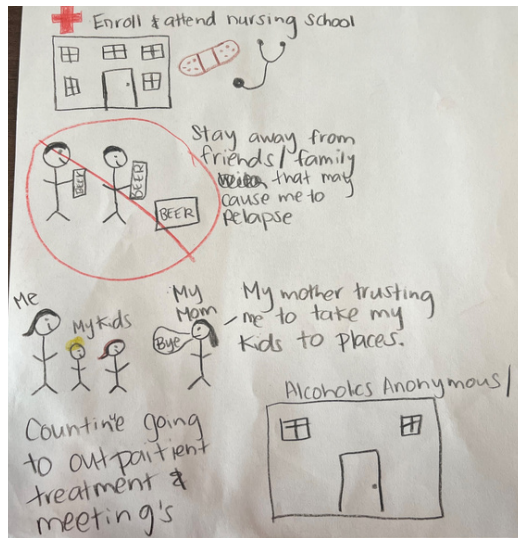


Residents awaiting the new year

NEW YEAR'S RESOLUTIONS

ACW residents drew what they would like to accomplish in 2024.





BRING HOPE HOME

ACW'S 15TH ANNUAL EVENT

On December 7, 2023, ACW held our 15th Annual Bring Hope Home event. The event was scheduled to be on-site and via zoom but with so many of those scheduled to be onsite battling the flu, we decided it would be best to protect everyone's health and hold the event on zoom. We had a wonderful inspirational speaker, Jessica Dueñas, talk to everyone about her experience with alcohol abuse. Jessica Duenas, 2019 Kentucky State Teacher of the Year, dealt with alcohol abuse early in her life. She relapsed shortly after COVID 19 started. In her inspirational talk she spoke about the terrifying experience of almost being exposed. She turned that fear into courage and encouraged us to reclaim our voice which is essential in recovery.

Six (6) of our alumni from all three programs; Residential, Outpatient and Enhanced Care Management (ECM), spoke about their continuing recovery by attending NA/AA meetings, talking to their sponsors, and/or working on their goals by going to work, going to school, and/or taking care of their family. Each and every one of them expressed gratitude over how much ACW's program have helped them. They encouraged all those still in treatment to stay in treatment and do their work as it gets easier and easier, and life is so much better without being controlled by drugs or alcohol.



TYLER'S KIDS

On December 22, 2023, ACW Outpatient and Residential received a generous donation of gifts from Tyler's Kids. Tyler's Kids is a program to honor a 5-year-old boy killed by his untreated addict father in 2008. Their goal is to provide Christmas gifts for children whose mothers reside in recovery centers. Tyler's Kids coordinator Juanita said, "The best is for mom to be in treatment and getting delivered from drug/alcohol abuse however, children still want a gift and moms in treatment often do not have the means to get their children gifts."

After the tears and shouts of joy, ACW residents said:

Thank you Tyler's Kids. I have two children. Receiving these gifts today makes me feel so happy & joyful because I didn't believe I was going to be able to give a gift at all due to my instability. I am in ACW's residential treatment program because I am court ordered to do a program and been homeless since then. Also lost temporary custody of both my kids. I want to say thank you so much. I really appreciate the home and gifts. I thank God for where I am at in this very moment. - Maria

Thank you Tyler's Kids. I have four children. Receiving these gifts today makes me feel moved, emotional, happy, thankful, warms my heart and blessed. Because Tis the season to be jolly and because my children are my heart and motivation. I am in ACW's residential treatment program to obtain recovery but also hope to get help to get my children back with me. I want to say thank you very much it is a blessing and brings great joy. - Erica

Thank you Tyler's Kids. I have six children. Receiving these gifts today makes me feel joyful, grateful, and blessed because I am so blessed to be a part of this gift giving for my children. That's awesome. I am in ACW's residential treatment program because I suffer from alcoholism and drug addiction. I want to say a million Thank Yous! - Tanya

Thank you Tyler's Kids. I have one child. Receiving these gifts today makes me feel so grateful to you for helping this be possible because I can't. I am in ACW's residential treatment program because I want to be the best mom for him by the grace of God very soon here. God has blessed me with a healthy baby after a miscarriage and I want to show God my gratitude and give my son what he deserves. - Briane



Resident with a toy for her 1-year-old. Resident's face is covered to protect her identity.

SPOTLIGHT**OLIVIA HEADLEY**

Olivia Headley is the director of the Olivia Headley Foundation who donates to nonprofit organizations that focus on women in need of help, who are homeless, and have been sexually abused.

On December 28, 2023, ACW received a visit from Olivia Headley. She came to teach a class on how to make New Year's Resolutions. Her class helped the residents' set goals to roadmap their desired outcomes.

SPOTLIGHT**DANIELLE KNICKERBOCKER**

ACW is fortunate to have Danielle as the director of ACW's Enhanced Care Management (ECM) program. ECM serves people who are high utilizers of the emergency room, are homeless, are transitioning from incarceration, and/or have a substance use disorder or mental health challenge. ECM links members with community resources.

Those who have Medi-Cal and are members of Anthem, Health Net, Molina, Blue Shield, or LA Care can enroll. For more information contact Danielle at Dknickerbocker@ACWLA.org or (213) 381-8500.

Support ACW!

WAYS TO SUPPORT ACW

PAYPAL:

- www.acwla.com/support/

LEAVE YOUR MARK, BUY A BRICK:

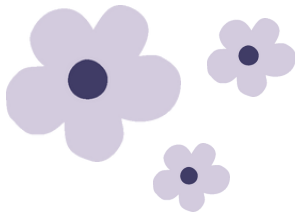
- www.bricksrus.com/donorsite/acw/

VENMO A DONATION:

- venmo.com/ACWLA

MAIL A CHECK:

ACW Donations
1147 S. Alvarado Street
Los Angeles, CA 90006

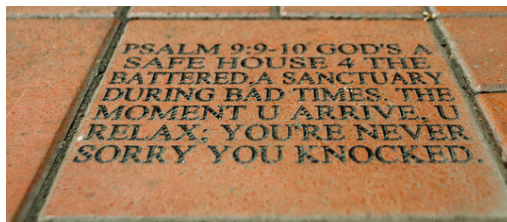


Donation Request

- Inspirational Word Searches
- Games
- Art supplies
- Personal care items
- Exercise equipment
- Backpacks or large bags
- Flip-flops/shower shoes, or slippers

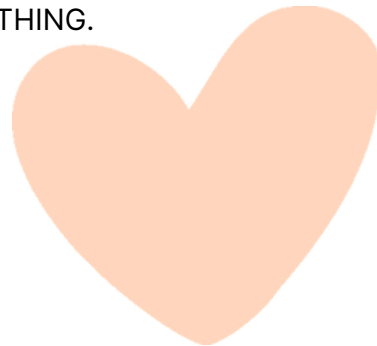


DONATE



What does your support mean to us?

EVERYTHING.



Our mission at ACW is to help empower women to make new choices for positive futures.



NEED HELP?

For Alcohol/Drug Assistance

- Call ACW 213.381.8500
- Email: info@acwla.org



988 Suicide & Crisis Lifeline

- Call or Text: 988
- Go to 988lifeline.org for a chat option online.



National Domestic Violence Hotline

- Call 1.800.799.SAFE (7233)
- Text "START" to 88788
- Go to thehotline.org for a chat option online.

Los Angeles Housing Services Authority

- 24/7 Hotline - 888.539.2373 / (811) KEY-2-FREE
- lahsa.org

Calling All Alumni!



We need you and your stories from when you were participating in either ACW's residential or outpatient programs for our upcoming Golden 50th Anniversary. We are seeking ACW alumni from the 1970's, '80s, '90s, etc. If you would like to share your story via zoom or email, please contact Adriana at Ajimenez@ACWLA.org.

“Although no one can go back and make a brand-new start, anyone can start from now and make a brand-new ending.” —Carl Bard

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