

SPECIAL VISIT

Drs. Ferrer and Tsai

On October 20, 2023, ACW was fortunate to have two distinguished visitors, Dr. Barbara Ferrer, Director of Los Angeles County Department of Public Health and Dr. Gary Tsai, Bureau Director in the Substance Abuse Prevention and Control.

They took a tour of our beautiful buildings and discussed our shared goals to improve services and help women retain and sustain recovery - health and wellness.



Board Member Dr. Lisa Richardson, Dr. Barbara Ferrer, Dr. Gary Tsai, Board Chair Jeannette Bronson, Board Secretary Kiola Raines

During the discussion, Drs. Ferrer and Tsai promised to connect ACW to important resources for women to enhance our and other community-based organizations' ability to best serve our clients.

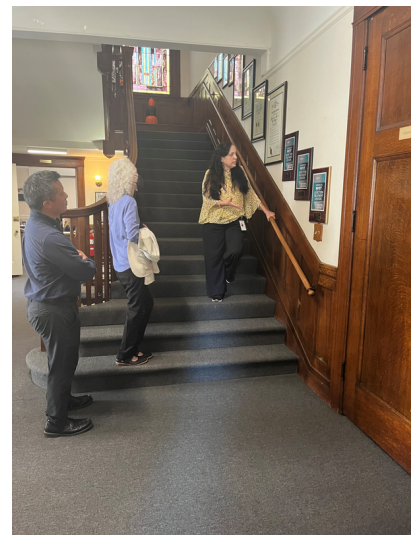
They were impressed with the feedback from ACW clients who stated they loved ACW, and would recommend our center to anyone who needs help.



Dr. Gary Tsai, Executive Director Lorette Herman and Dr. Barbara Ferrer viewing our murals and sobriety rock garden.



Dr. Gary Tsai, Executive Director Lorette Herman and Dr. Barbara Ferrer inside the McMillen Family Foundation Miracle House.



Dr. Gary Tsai, Dr. Barbara Ferrer, and Executive Director Lorette Herman inside the McMillen Family Foundation Synder House.

ACW OUTPATIENT CELEBRATION

On November 13, 2023, ACW's Outpatient Program enrolled our 1000th outpatient participant/client. Thank you to all the current and past outpatient staff who have inspired and assisted each and every one of our 1000 women served.

If you participated in our Outpatient Program, we would love to hear from you. Please contact Adriana at AJimenez@acwla.org.



Master Gardeners

Harriet Shahan and Stephen Reid

Harriet and Stephen both separately responded to our request for a master gardener. Harriet comes to ACW once a week to facilitate a garden therapy group for our residents. Stephen comes onsite once a month to provide garden consultation on specific projects.



MG Harriet demonstrating pruning a tree.

They are both extremely knowledgeable and passionate about gardening. We are honored and thrilled to have them both assist us on improving our farm to table kitchen gardens.



MG Stephen



Sugar cane grew super tall, residents loved tasting it.



Red Lettuce

Say bye-bye to our cucumber, zucchini and tomatoes, and say hello to beets, cauliflower, spinach, radishes and more! With the help of our master gardeners we have planted our winter crops!



Cauliflower



Spinach

More beautification around the two houses are soon to come in the next couple of months thanks to our Master Gardeners.

UPCOMING EVENT

ACW'S 15TH ANNUAL BRING HOPE HOME

We hope to see you on December 7, 2023 either in person or via zoom.



SAVE THE DATE

ACW'S 15TH
ANNUAL

BRING HOPE HOME

GRADUATION CEREMONY, INSPIRATIONAL
REMARKS FOR RECOVERY DURING THE
HOLIDAY SEASON
IN PERSON OR VIA ZOOM
REGISTRATION: \$20, \$10 in treatment
AT DOOR: \$25, \$15 in treatment

Thursday | **7** | December
6:30pm | 2023

1147 S. Alvarado St. Los Angeles, CA 90006
Register here:
<https://tinyurl.com/ACWBringHopeHome2023>

Support ACW!

WAYS TO SUPPORT ACW

PAYPAL:

- www.acwla.com/support/

LEAVE YOUR MARK, BUY A BRICK:

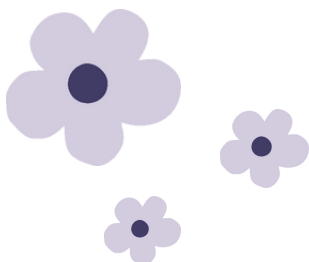
- www.brickrus.com/donorsite/acw/

VENMO A DONATION:

- venmo.com/ACWLA

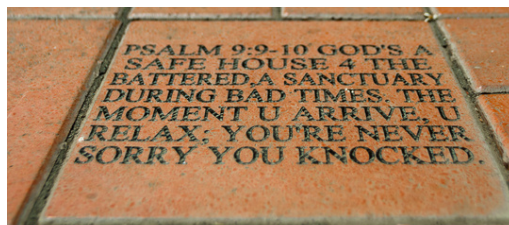
MAIL A CHECK:

ACW Donations
1147 S. Alvarado Street
Los Angeles, CA 90006



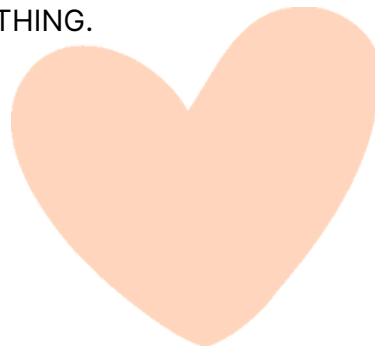
Donation Request

- Inspirational Word Searches
- Games
- Art supplies
- Personal care items
- Exercise equipment
- Backpacks or large bags
- Flip-flops/shower shoes, or slippers



What does your support mean to us?

EVERYTHING.



Our mission at ACW is to help empower women to make new choices for positive futures.



NEED HELP?

For Alcohol/Drug Assistance

- Call ACW 213.381.8500
- Email: info@acwla.org

988 Suicide & Crisis Lifeline

- Call or Text: 988
- Go to 988lifeline.org for a chat option online.

National Domestic Violence Hotline

- Call 1.800.799.SAFE (7233)
- Text "START" to 88788
- Go to thehotline.org for a chat option online.

Los Angeles Housing Services Authority

- 24/7 Hotline - 888.539.2373 / (811) KEY-2-FREE
- lahsa.org



Other News

- We are so excited for the coming year as we prepare to celebrate ACW's Golden 50th anniversary in October 2024. Every month leading to our 50th year we will have events, tours and special discussions to bring attention to the issues women face in recovery. Follow us on social media to learn more.
- We are grateful for your support and interest in ACW during this holiday season.



"If I could give you one thing, it would be the ability to see yourself through my eyes. Only then you will truly understand how special you are.

– Frida Kahlo



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X(Twitter):

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Linked in